

Sample Schedule: JH/HS

8:00	Breakfast	Breakfast is offered to all students as part of the Academy Nutrition Program . It is a laid back time of sitting and eating together until dismissed to their classrooms at 8:30.
8:45	Spiritual Development & World Languages	In Spiritual Development and World Languages students start off with their homerooms in prayer and discussion about the weekly biblical value. They also spend time in Spanish language learning.
9:30	Biology	Mondays and Thursdays are our "S.T.E.M." days, while Tuesdays and Fridays focus on Language Arts. Project-based learning allows students to apply theoretical knowledge to real-world situations.
	Break	10-minute breaks divide extended learning blocks, allowing for a mental restart and perhaps a quick jog around the field for some fresh air!
10:15	Coding	Elective classes become more and more available as students progress through the program. This allows for focused attention to be given to those areas where students excel.
11:00	Recess	Daily recess times offer students a mental break, a chance to socialize, and way to work out that extra energy so they can stay focused during classtime.
11:30	Bible	Every student has a Bible class, every semester, every year. Biblical literacy is a core value at The Academy, and students will graduate with a well-rounded competency in the Torah, Prophets, Gospels and Epistles.
12:15	Lunch & Recess	Our Farm-to-School meal program incorporates seasonal vegetables from the Academy garden whenever possible! Lunch is enjoyed at our outside pavilion as weather permits.
1:15	P.E.	P.E. classes focus on physical fitness, but also team dynamic and strategic thinking.
	Break	
2:00	Social Awareness (SEL)	The teenage years are a time of heightened sensitivity to social interactions. Social and emotional intelligence classes help students manage their emotions, and grow in the social skills that enrich relationships.
2:45	Wrap-Up	During Wrap-Up students clean and organize their classroom and personal spaces, and review key content from classes.
3:15	Dismissal	For many Academy students, dismissal is a transition to Phoenix Sports practices and games!